

# NEPHROLOGY

## Referral Guidance Sheet

**Delfina, 15**  
end-stage  
renal disease

I wish to have a  
Quinceañera



### DEAR NEPHROLOGY HEALTH CARE PROFESSIONAL,

Please review the eligibility guidance to help identify children within your department that may qualify for a wish. Thank you for helping us reach our vision of granting every eligible child's wish.

Note: Please refer to the other specialties to learn about other qualifying conditions.

#### To qualify for a wish, a child must:

- ① Be over the age of 2½ and under the age of 18 at the time of referral
- ② Not have received a wish from another wish-granting organization
- ③ Be diagnosed with a life-threatening condition; i.e. a progressive, degenerative or malignant condition that has placed the child's life in jeopardy

### USUALLY QUALIFYING NEPHROLOGY CONDITIONS:

- Chronic kidney disease (stage 3 or greater) with:
  - Multiple acute illnesses/exacerbations in the last year requiring hospitalization
- Dialysis dependent renal disease
- Kidney transplant (within one year of transplant)
- Kidney diseases that are dependent on long-term infusions and/or plasma exchange
  - Ex: atypical hemolytic uremic syndrome requiring chronic anticomplement therapy to stay in remission
- Status post kidney transplant (with ongoing life-threatening complications)

#### Other conditions that may be eligible for a wish with complicating co-morbidities:

- Complications from immunosuppressive therapy
- Refractory nephrotic syndrome
  - Ex: multiple acute illnesses or relapses requiring infusion medication and multiple immunosuppressive medications
- Many other conditions not listed

### TO REFER: